Under the mantra “Local - Sustainable - Fresh,” UNH Hospitality Services (UHS) is revamping the UNH Dairy Bar to feature local foods, a nutritious and delicious menu, and sustainable operations.

Tentatively scheduled to open in May, Dairy Bar highlights will include:

- Installing US EPA ENERGY STAR-rated equipment.
- Serving as much local food as possible, including burgers and chicken from Lasting Legacy Farm in Barrington, deli meats from Old Neighborhood Meats in Chelsea, MA, ice cream from Blake’s in Manchester, and gelato from Doriti Gelati in Brentwood.
- Serving 100% Fair Trade certified coffee.
- Procuring uniforms and hats made from 100% organic cotton and manufactured by companies that practice Fair Trade policies.
- Using biodegradable, compostable containers that will be collected, pulped, and added to the UNH composting windrows. Compost will then be used to grow food for the Dairy Bar.

“We are working on partnerships with the Organic Gardening Club and the College of Life Sciences and Agriculture (COLSA) to grow fresh produce for the Dairy Bar,” adds Rick MacDonald, assistant director of UHS Support Services.

“The menu was developed by Ralph Coughenour, UNH Dining Director of Culinary Services, with much help from a team of dietetic interns from COLSA. A team of professors from Animal and Nutritional Sciences served as consultants to the project. The goal was to create a healthy, nutritious and delicious menu.”

UNH Hospitality Services is committed to sustainability under its Local Harvest Initiative. To learn more, visit www.unh.edu/dining/community/.

Did you know?

The Dairy Bar’s renovation is part of a $1 million effort to restore the on-campus train station and expand facilities to include intercity bus capacity, indoor waiting areas, and historic transportation displays. Learn more at www.unh.edu/ecd/design_rail.html.

Tip of the Month

Go trayless!

As part of its Local Harvest Initiative, UNH Dining is going trayless on Tuesdays in all the dining halls! “Take what you want, but eat what you take” – forego a tray and avoid throwing food away unnecessarily.

Learn more at www.sustainableunh.unh.edu/fas/localharvest.html.
Profile in Sustainability

Stephen Pesci,
Project Director,
Campus Planning

Why is transportation planning an important piece of sustainability?

We all utilize the transportation system everyday – even if just walking to campus. The options available to us and our subsequent choices have a dramatic impact on energy consumption, emissions, the environment, and even the built landscape we create. After housing and food, transportation is the next biggest cost and energy impact choice for most households. The best communities provide the freedom of cost-effective transportation choices. UNH is special because we work as a community to find creative ways to provide mobility choices for people without the exclusive need for the private car. By doing so, we demonstrate cleaner and better ways to get around. I like to think that’s a win for the environment, our campus, our transportation budgets, the region, and even our individual health.

How can faculty, staff, students, and area community members be a part of sustainable transportation at UNH?

By continuing to take advantage of the transportation options that Durham and the region are lucky enough to have. For a small urban area, we have great options – whether for biking, walking or taking the bus and train. As a community we need to keep raising the bar and demonstrating our support for these investments. We’ve given people choices to save energy, emissions, and money at the same time. The campus we build looks distinctly different than most places: we can do that because of our transit and walkable development pattern. Next time you are walking to your office or class from that bus stop, rail station, or parking lot enjoy the scenery of our campus. Finally, get mobile - on a bus, train, or bike!

What motivates you personally to be involved in sustainability?

Sustainability is an overarching mindset that has allowed me to stay in transportation and planning and not be too much of a geek! Transportation systems are really just a means of access to the more important settings we’re in – the community – the region – the globe. I guess it allows me to reconcile myself as explorer, citizen and advocate.

To learn more about sustainable transportation efforts at UNH, visit www.sustainableunh.unh.edu/climate_ed/transportation.html.

Discover sustainability through our new blog

Join our office and writers from UNH Communications & Marketing as we write about discovering sustainability through the example of UNH!

Check out our new blog “Discovering Sustainability” at www.discoversustainability.org.